

*Six Secrets of the Christian Life: Chapter 1: How? Romans 7:14-25 and 8:10-13*  
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I. INTRODUCTION

II. THE BELIEVER'S OBSTACLE: HIS DEAD BODY OF SIN, Romans 8:10a

III. THE POWER TO OVERCOME THE OBSTACLE: GOD'S LIFE-GIVING SPIRIT,  
Romans 8:10b-11

IV. CONCLUSION

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**Romans 7:14-25:**

1. What was the condition of Paul's inner man?  
Paul's inner man wanted to serve God, Romans 7:22.
2. What then was the problem that kept Paul from doing the good that he wanted to do?  
Paul's inner man wanted to serve God, but it was hindered by Paul's body of sin and death, which continuously sought after sin, Romans 7:17, 20, 23.
3. What did Paul conclude that he needed to be set free from?  
From his body of sin and death, which wanted to sin continuously, Romans 7:24.

**Romans 8:10-13:**

4. What is the condition of a body in which Christ lives?  
It is dead *because of sin*—completely incapable of responding to God, Romans 8:10a.
5. What does this imply about a Christian's ability to live a successful Christian life by dedication or commitment?  
If a believer tries to live the Christian life by their own willpower, they will fail because all the flesh can do is sin, Romans 8:10a, 12-13.
6. What is the good news about the Spirit in this verse?  
It also lives in us and will provide life to our spiritually dead bodies, Romans 8:10b, 11.
7. Verse 11 speaks of the Spirit resurrecting our bodies, what kind of resurrection is it referring to?  
The resurrection that occurs while we are here on earth, which enables us to live the Christian life by means of the Spirit's resurrecting power, Romans 8:12-13.
8. What does this imply about the nature of the Christian life?  
It cannot be lived by the power of the flesh; instead, it must be lived by the power of God's Spirit, Romans 8:13.

**Secret #1: The Christian life is a miracle of resurrection.**